



'Healer'

““The Lord's Spirit has come to me, because He has chosen me to tell the good news to the poor. The Lord has sent me to announce freedom for prisoners, to give sight to the blind, to free everyone who suffers...” ~ Luke 4:18

He wants to heal...

1. My past

“Blessed is he whose transgressions are forgiven, whose sins are covered.” ~ Psalm 32:1

What do we do with our regrets?

- (a) We **bury** them
- (b) We **blame** others
- (c) We **beat** ourselves

“My guilt has overwhelmed me like a burden too heavy to bear.” ~ Psalm 38:4

2. My pressures

“Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.” ~ Matthew 11:28

3. My pessimism

Three words we want to hear:

You Are Forgiven!



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