

28 Days Of Growth

...Using My Time

²⁴ “Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. ²⁵ Everyone who competes in the games goes into strict training. They do it to get a crown that will not last, but we do it to get a crown that will last forever. ²⁶ Therefore I do not run like someone running aimlessly; I do not fight like a boxer beating the air. ²⁷ No, I strike a blow to my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.”
~1 Corinthians 9:24-27

The most hated word in America: **Diet!**

¹⁵ “Be very careful, then, how you live - not as unwise but as wise, ¹⁶ making the most of every opportunity, because the days are evil.”
~Ephesians 5:15-16

How Do I Make the Best Use of My Time?

1. **Time** management is actually **life** management.

“Now it is required that those who have been given a trust must prove faithful.”
~1 Corinthians 4:2

2. My problem is not my **time**, my problem is my **choices**.

3. Time management **can be learned**.

“Teach us to number our days, that we may gain a heart of wisdom.”
~Psalm 90:12

Four Key Steps to Redeem My Time

Step 1: Analyze your **lifestyle**.

“Look carefully then how you walk!”
~Ephesians 5:15

Step 2: Prioritize **what is important**.

“Therefore do not be foolish, but understand what the Lord’s will is.”
~Ephesians 5:17

Learn this truth today: I have **just enough time to do God’s will**.

Step 3: Economize your **energy**.

Time management is **energy management**.

²³ “Someone may say, “I’m allowed to do anything,” but not everything is helpful. I’m allowed to do anything, but not everything encourages growth.”
~1 Corinthians 10:2

Greatest Time Management Tool ever invented: **The Word “NO”**.

Step 4: Utilize the **present**.

“...making the most of every opportunity, because the days are evil”
~Ephesians 5

“If you wait for perfect conditions, you will never get anything done”
~ Ecclesiastes 1